Epidemiological concepts, principals, and methods: A practice-oriented introduction

Facilitators

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Description

Epidemiology is the branch of medical sciences that investigates the distribution of health-related states and events in specified populations (community, institutions [schools], city, state, country, region, continent, worldwide). Epidemiology also includes the assessment of any intervention applied to remediate a health problem.

In this introductive course, we will treat the following topics:
1- Definition, objectives and objects of modern epidemiology (i.e., types of outcomes and their determinants/exposures).
2- Validity and precision of exposure and outcome
3- Study designs and association measures
4- Causal framework and the role of chance and bias in epi-studies
5- Principles of good study design and protocol drafting

Different concepts will be introduced using contemporary examples from exposure-oriented (nutritional, occupational and environmental epidemiology) and outcome-oriented epidemiology (i.e., communicable and non-communicable diseases and clinical epidemiology).

To assimilate these notions, students will be stimulated to precise/redefine their original research question and hypotheses considering the study design appropriate in their chosen context.
**Objectives**

This course has a double goal: 1-to enable students to use appropriate methods and data to understand and deal with health-related problems, 2-to prepare students for the conduct of epidemiological research. At the end of this course the students will be able:

1-to formulate the problem and specify hypotheses to be addressed or a clear research question;

2-to elaborate a structured research protocol to address the research question using an appropriate study design, accurate (valid and precise) measurements of the exposure and the targeted health outcomes;

3-to anticipate the risk of potential biases (selection, misclassification, confounding) and to propose strategies to control them

4-to interpret study results in the frame of causality

5-to identify the appropriate guidelines and apply them when conducting an epidemiological study and reporting its results.

**Dates**

2-6 October 2023

**Eligibility**

SSPH+ IGC students with interest in public health and epidemiology. Maximum 25 students

**Course Structure**

Pedagogical format will mix theoretical teaching with practical exercises using published research findings. Different contemporary public health problems (e.g., SARS-CoV-2 seroprevalence, obesity and metabolic and mental disorders, nutritional, occupational and environmental epidemiology) will be analyzed in interaction with students, who will apply a deductive reasoning to formulate possible underlying hypotheses that they could then translate into research questions.

**Assessment**

At the end of the first 4 days, the students will draft a basic study protocol to answer their research questions on exposure/intervention or a health problem of their interest. Those students who are already involved in an epidemiological study could present and critically assess the protocol of
their studies. Depending on the number of students, they could work in small groups of 4-5 students. On day 5, each protocol will be presented to their peers and discussed collectively.

Credits

2 ECTS

Preliminary Work: 3-5 h; Contact time: 40 h; Wrap-Up Work: 7-10 h

(1 ECTS corresponds to appr. 25-30 hours workload)

Location

Unisanté, Biopole 1, 1066 Epalinges

Course Fees

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<th>2 ECTS</th>
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<tr>
<td>SSPH+IGC Students</td>
<td>30 CHF</td>
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<tr>
<td>Postdocs from SSPH+ partner institutes</td>
<td>30 CHF</td>
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<tr>
<td>External PhD students and MD students</td>
<td>1'000 CHF</td>
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<td>Others</td>
<td>2’000 CHF</td>
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Registration

www.conftool.com/ssph-phd-courses2023

Deadline for registration

2 September 2023