



SSPH+

SWISS SCHOOL OF  
PUBLIC HEALTH

FACULTY MEETING 2019  
Bern, June 12, 2019

PREVENTIVE MEDICINE 2030 :  
WHAT WOULD THE FUTURE BRING?

THOMAS ZELTNER, BERN



**Health is not just the  
absence of disease**

**but ...**

PREVENTIVE MEDICINE 2030 :  
WHAT WOULD THE FUTURE BRING?

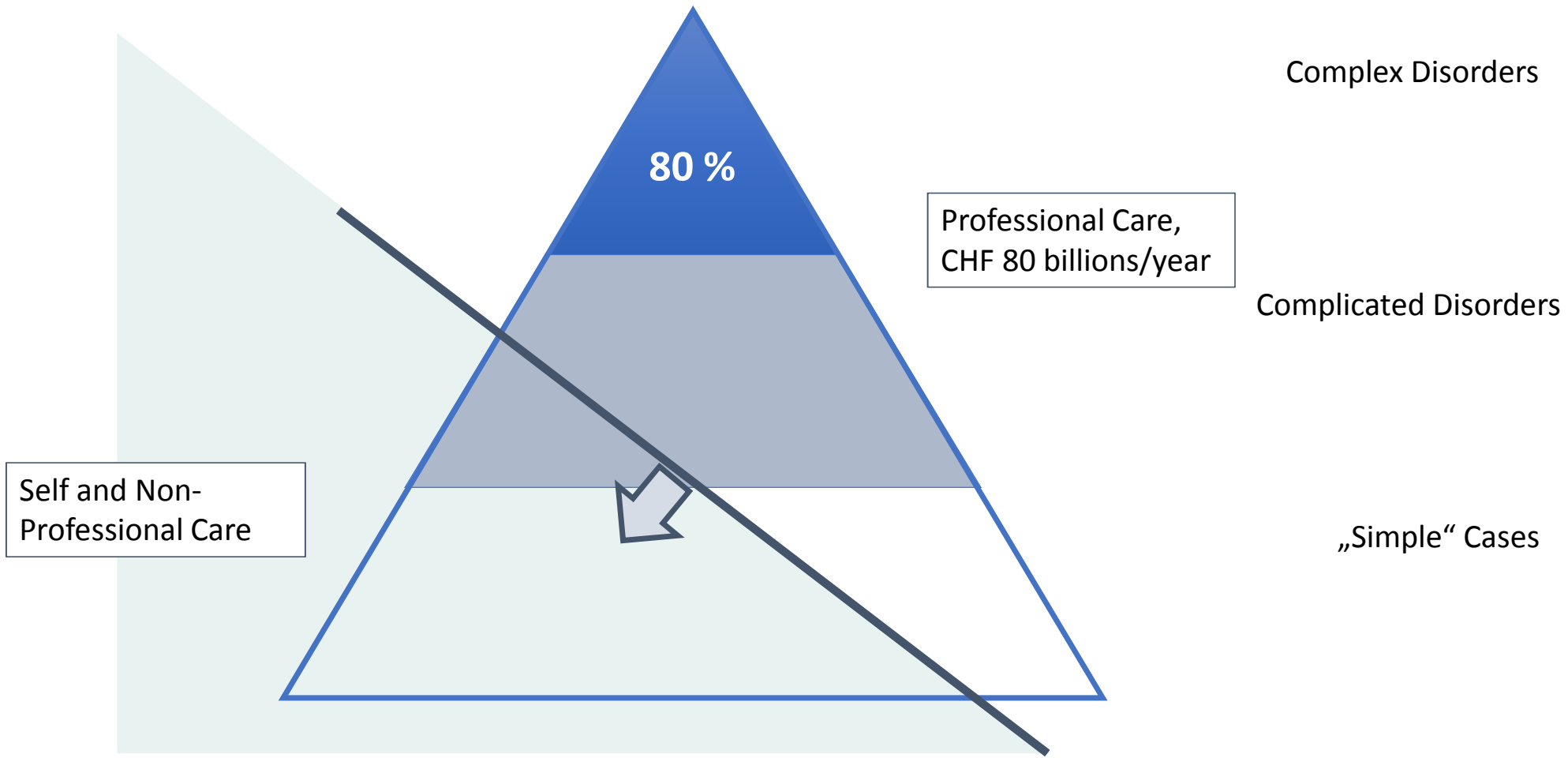
THOMAS ZELTNER, BERN

**Investments in Health**  
should also help  
**Reducing**  
**the Burden of Disease**

PREVENTIVE MEDICINE 2030 :  
WHAT WOULD THE FUTURE BRING?

THOMAS ZELTNER, BERN

# How to Reduce the Burden of Disease?



**CHF 80 Bio**



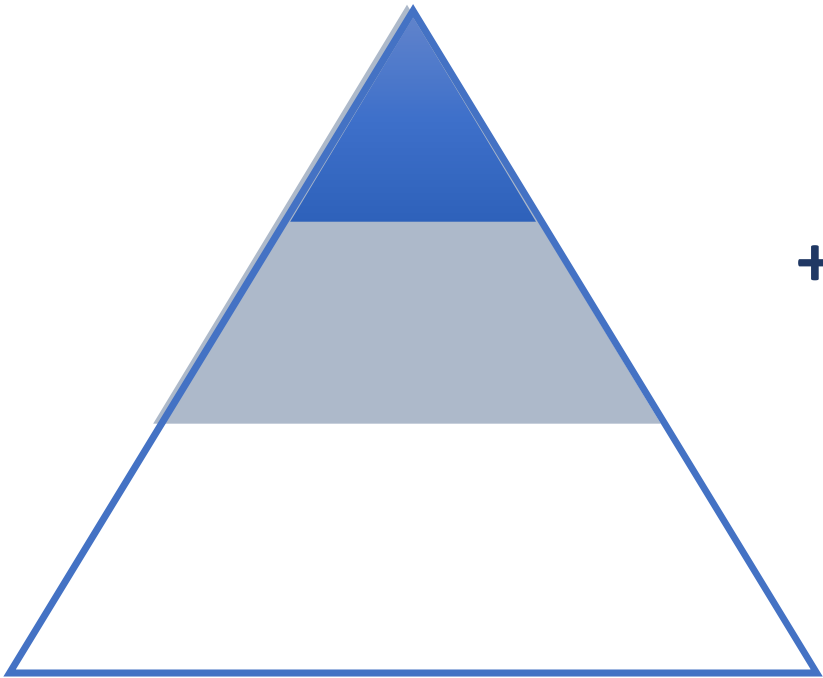
**2019**

**CHF 130 Bio**



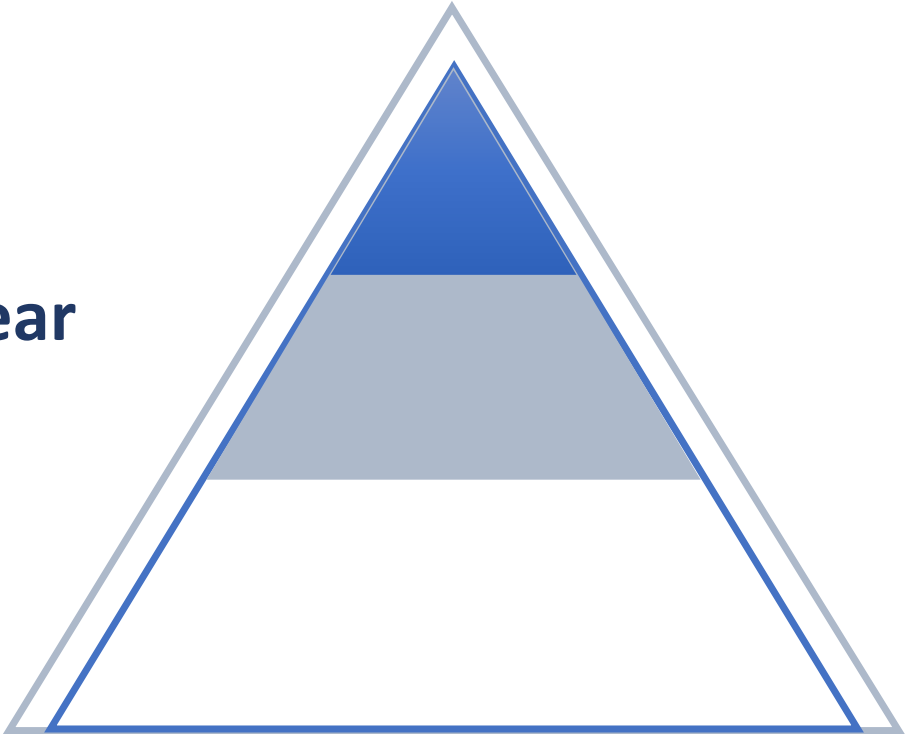
**2030**





2019

+ 1% / year



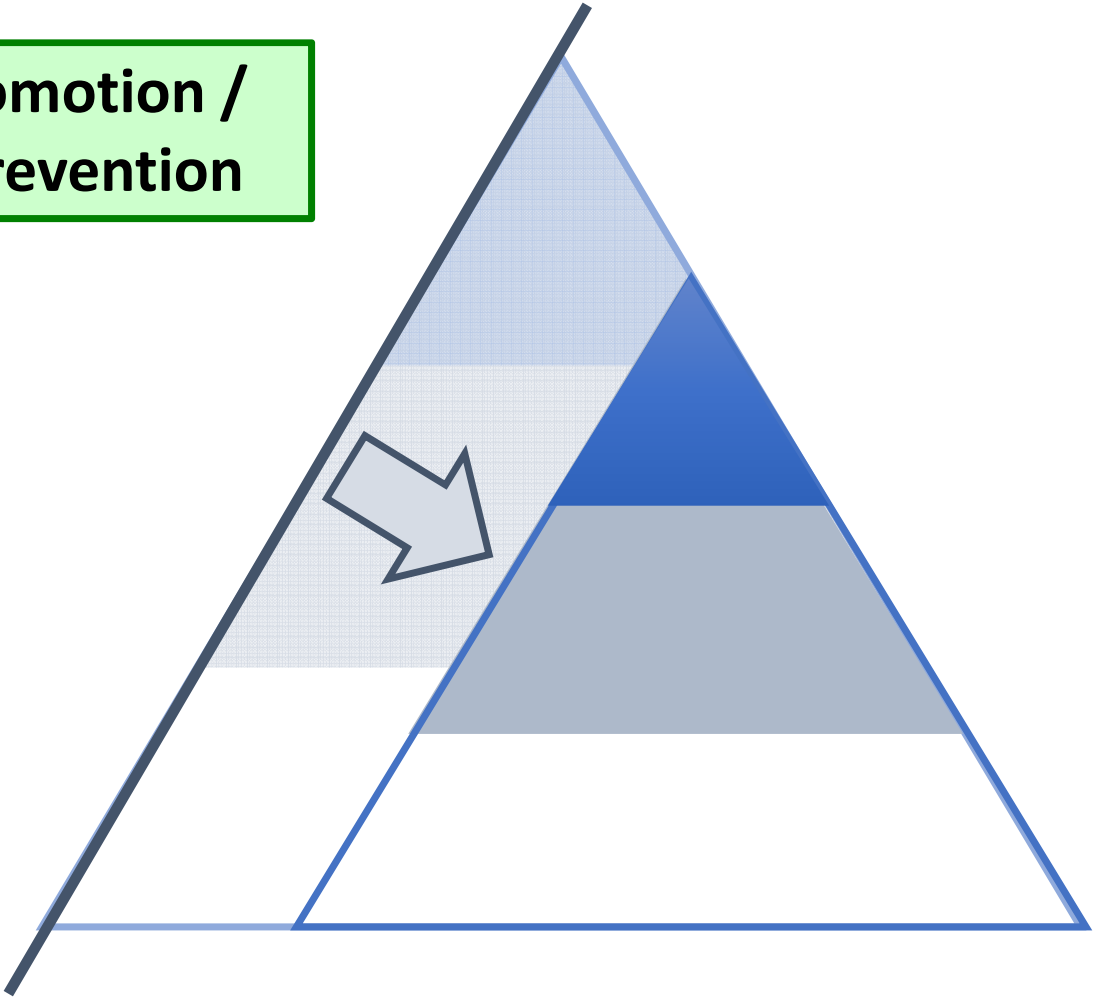
2030



How to Reduce the Burden of Disease?

Health Promotion /  
Disease Prevention

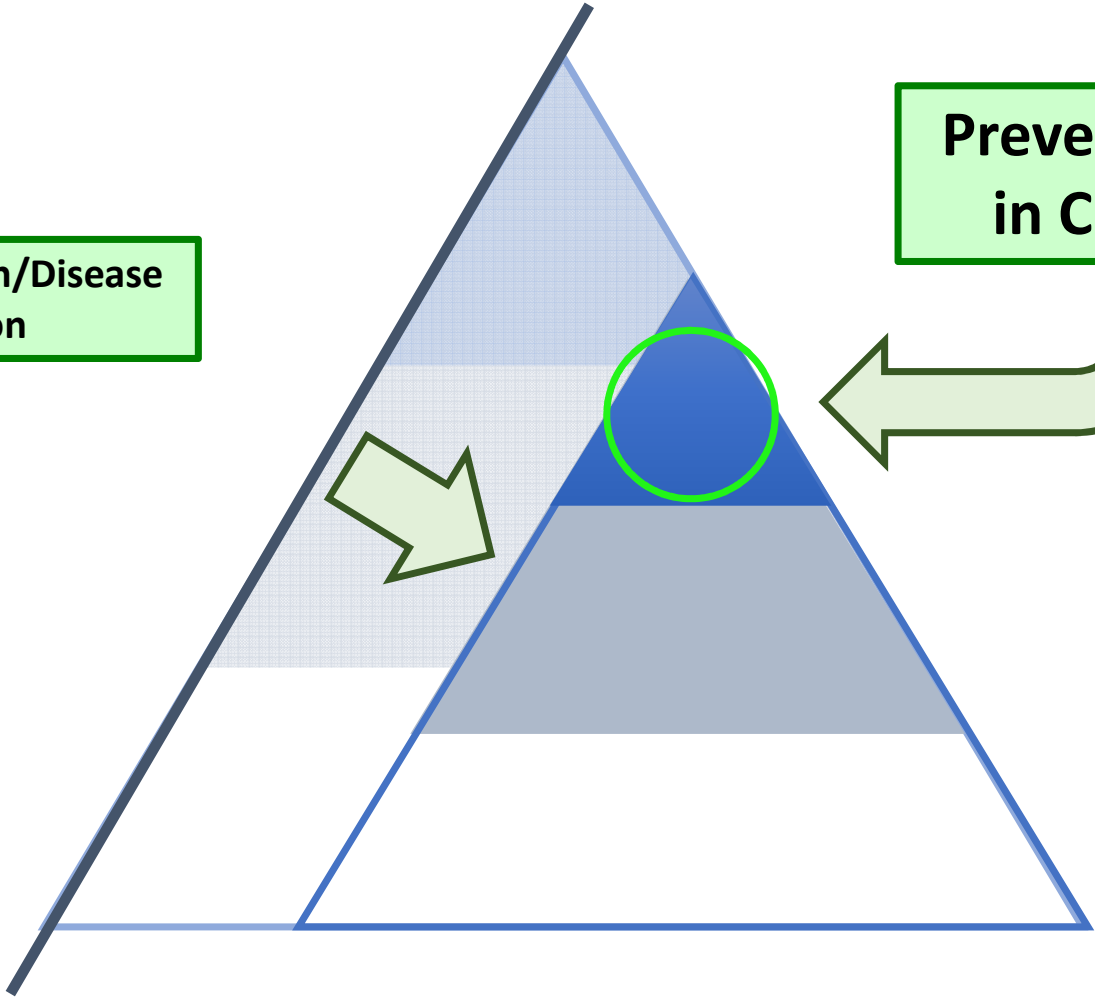
Reduction:  
25 to 40%



# How to Reduce the Burden of Disease?

Health Promotion/Disease Prevention

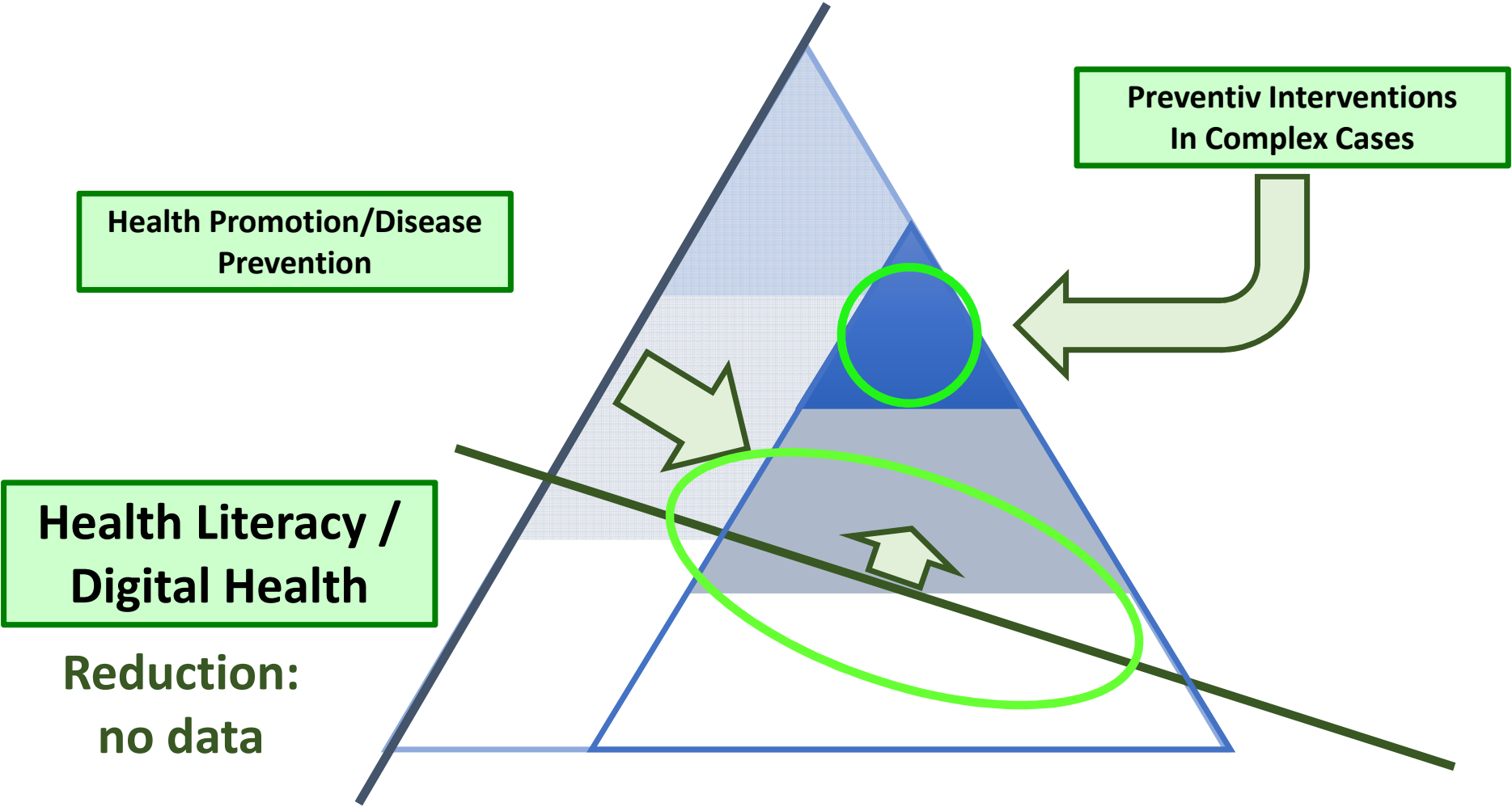
Preventive Measures in Complex Cases



Reduction:  
no data



# How to Reduce the Burden of Disease?





**Who should be in the Driving Seat ?**

## Health Promotion / Disease Prevention



## Preventive Measures in Complex Cases



## Health Literacy / Digital Health





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**DISCUSSION**





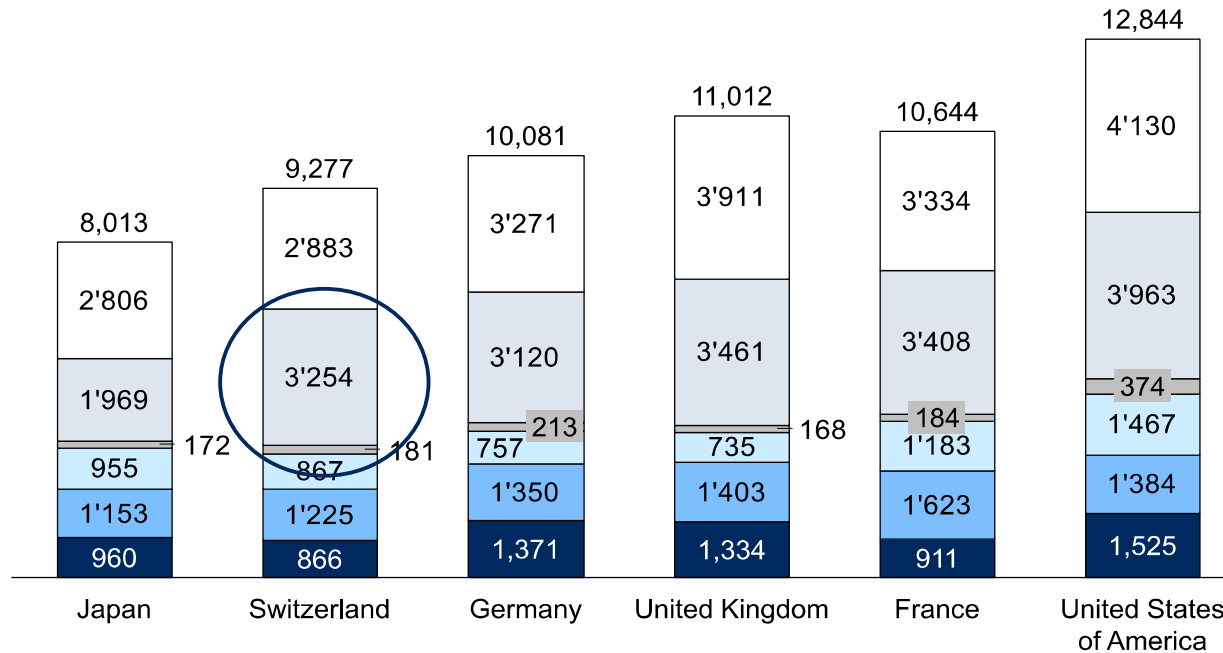




## Krankheitsbelastung (Burden of Disease) der Schweiz im int. Vergleich

Age standardized DALY\* rate per 100'000 inhabitants, 2004

Other     
  Diabetes     
  Cancer  
 Neuropsychiatric     
  Injuries     
  Cardiovas



\* DALY: Disability-adjusted life-years lost

SOURCE: WHO Burden of Disease